



SPA PLAZA

PLAZA BEACH HOUSE



SIGNATURES

HARMONIZING RITUAL THERAPY by Thalgo

Treat yourself in a 20 MINUTES warm milky bath with soft powder scents .A moment of absolute rest and softness. Relax during a 50' signature massage with invigorating movements combined with soft manoeuvres to help you restore the harmony of body and spirit.

SEE BREEZE AFTER SUN by Thalgo

Nourishes, softens and repairs dry and damaged skin with Thalgo's unique ingredients, rich in minerals and $\Omega 3$ fatty acids to replenish skin lipid instantly . Ideal treatment for the skin of the body that has been exposed to the sun

THE BODY POLISH

A good first step before sunbathing or just for its benefits . In essence, exfoliates, hydrates, and revitalizes the skin, leaving it feeling softer, smoother, and more radiant.



CLASSIC MASSAGES

THE PLAZA MASSAGE

A full body and face massage, using techniques inspired by the calming influence of the sea's movement and the grooming rituals of the Classical beauties.

AROMA MASSAGE

A full back side body treatment using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well-being.

DEEP TISSUE

This amazing therapy rejuvenates the body by using deep pressure massage. The result is complete rejuvenation, toning and relaxation.

KIDS MASSAGE

A relaxing moment for the youngest! A special gentle massage aiming to calm, improve sleep and give a feeling of wellbeing. For kids 5 to 12 years old.

LYMPHATIC DRAINAGE MASSAGE

A gentle massage technique that stimulates the lymphatic system, helping to reduce swelling, detoxify the body, and promote better circulation. Ideal for relaxation, boosting immunity, and enhancing skin tone



FACE TREATMENTS

By Thalgo

MEDITERRANEAN FACE TREATMENT

Enjoy the ultimate marine experience with Thalgo's deep hydration facial treatment, rich in active marine ingredients that replenish the skin with minerals and trace elements.

SOOTHING MARINE FACIAL

Strengthen the tolerance of dry and sensitive skin with the «Cold Cream Marine» treatment. Soothes and moisturises sensitive skin. Ideal treatment for skin that has been exposed to the sun.

HEAD & FACE MASSAGE

Unwind with a calming head and face massage designed to melt away stress and restore clarity. Gentle, rhythmic movements relieve tension encouraging deep relaxation and a sense of mental calm.

EYE BROW SHAPING

FACILITIES P.P

SAUNA

STEAM ROOM

Enjoy free use of the facilities with treatments booked

NAIL SALON TREATMENTS

- MANICURE
- LONG LASTING MANICURE
- PEDICURE
- LONG LASTING PEDICURE
- SPAPEDICURE
- COLOUR CHANGE
- LONG LASTING REMOVER
- MINI MANI
- MINI PEDI



SPA ETIQUETTE

OPENING HOURS

Spa: Daily | 10:00 – 18:00

Gym: Daily | 08:00 – 19:00

SPA RESERVATIONS

Please contact the Wellness Reception directly or via the Reception Desk on extension 0. Bookings in advance are recommended to secure your preferred treatment time.

ARRIVAL

We recommend arriving a little earlier to relax and transition into this peaceful space. Arriving 10 minutes prior to your appointment allows time for a gentle pre-treatment conversation with your therapist, ensuring your experience is perfectly attuned to your personal needs. For your comfort, you will be provided with disposable undergarments .

TREATMENT

During treatments, please let your therapist know if you're comfortable , too warm or too cold, or if the pressure of the massage is the preferable. Your comfort and care are our greatest concern and priority. If you have any questions, your therapist will gladly answer them.

CHILD REGULATION

For safety reasons, entrance to the Spa and Gym area is not permitted to children under the age of 16 without parental supervision.

PAYMENT

For inhouse guests, all treatments can be charged to the room. Prices are listed in Euros (€) and maybe subject to change. All taxes are included .Gratuities are not included but are always appreciated. To ensure gratuities reach our wellness team directly, we kindly recommend offering them in cash.

CANCELLATION POLICY

To honor the time and care dedicated to your experience, we kindly ask for at least 12 hours' notice. Cancellations made after this time will be fully charged. In case of late arrival, your treatment may be adjusted to respect the next guest's appointment.

KINDLY NOTE

In consideration of other guests, smoking and active mobile phones are not permitted. This is the time for your body and mind to release the worries and stress of the day.

VALUABLES

For your peace of mind, we kindly suggest keeping any valuables and jewellery secured in your in-room safe before visiting the spa. While we take great care in providing a welcoming and safe environment, the spa cannot assume responsibility for lost or misplaced personal items.

PRICE LIST

SIGNATURES	Duration	Price
Harmonizing Ritual Therapy by Thalgo	1 hour 10 mins	120
See Breeze After Sun by Thalgo	1 hour	95
The Body Polish	25 mins	45
CLASSIC MASSAGE		
The Plaza Massage	50 mins	95
Aroma Massage	25 mins	50
Deep Tissue	25 mins	55
Deep Tissue	50 mins	115
Kids Massage	20 mins	35
Lymphatic Drainage Massage	25 mins	50
Lymphatic Drainage Massage	50 mins	85
FACE TREATMENTS		
Mediterranean Face by Thalgo	50 mins	80
Soothing Marine by Thalgo	30 mins	45
Head & Face Massage	20 mins	45
Eye brow shaping		15

FACILITIES P.P	Duration	Price
Sauna	30 mins	20
Steam Room	30 mins	20
Enjoy free use of the facilities with treatments booked		
NAIL SALON TREATMENTS		
Manicure		35
Long lasting Manicure		40
Pedicure		40
Long lasting Pedicure		45
SpaPedicure		75
Colour Change		15
Long lasting Remover		10
Mini Mani		20
Mini Pedi		25

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GRECOTEL APARTMENTS