

An underwater photograph showing a person's legs from the knees down, submerged in clear, shallow water. The water is a vibrant turquoise color, and the light creates shimmering, rippling patterns on the person's skin and the pool floor. The person's feet are visible at the bottom, resting on a light-colored tiled surface. The overall mood is serene and refreshing.

ELIXIR BLU SPA

MYKONOS BLU



OUR PHILOSOPHY

The Elixir Spa of the Grecotel Group, built in the birthplace of Hippocrates, offers an exquisite blend of relaxation and top service.

Drawing inspiration from the ancient Greeks, and the pioneering, intelligent spirit of the “Father of Medicine”, we are led to the knowledge that the individual is a psychosomatic entity. Thus our methods embody the philosophy of longevity and personal exploration towards inner wellness: harmony of mind and spirit.

Our highly curated menus and treatment protocols designed to provide unique pampering experiences are the result of three decades of empirical research k to achieve the ultimate balance of body and mind.

Feel your senses come alive and indulge in the experience of the ages!



SIGNATURE TREATMENTS

THE LOCAL LIST

LEVANDA DREAM RITUAL

A holistic wellness experience for both body and face, combining deep relaxation with skin rejuvenation. Infused with the soothing essence of lavender, it leaves the skin silky-soft, and deep refreshed.

ETHERAL BALANCE RITUAL

A deeply immersive experience designed to elevate both body and mind into a state of serene balance. Through slow, flowing movements and warm aromatic oils, it releases tension, restores energy flow, and induces a profound sense of inner calm.



MASSAGES

BLU

Inspired by the grooming rituals of Classical beauties. This treatment consists of a full body massage, using techniques inspired by the calming influence of the sea's movement.

Enhance your experience with a refreshing full body scrub infused with local citrus fruits for a revitalizing Vitamin C experience.

HEALING DESTRESS MASSAGE

Surrender to the soothing power of touch and sensation and let your body flow back into its natural rhythm.

The warm **body massagers tools** glide effortlessly over your skin, releasing tension and offering a profound sense of relief. A botanical elixir of essential oils caresses your body, gently absorbing into the skin. The rhythmic, harmonious movements begin with the tools, then flow into the hands, delivering a wave of pure tranquility and awakening your senses to a new level of relaxation.

DEEP TISSUE

Relieve stress that causes muscle tension. This therapy rejuvenates the body by using deep pressure massage by using fingers, fists, forearms & elbows. The result is complete rejuvenation, toning and relaxation that also relieves pain, reduces stress and fights inflammation by improving posture and sleep quality.

LYMPHATIC

A detoxifying massage focuses specifically on legs. It activates the circulation and the lymph glands flushing out excess liquids, making the muscle tissue firmer. Ideal for combatting cellulite and stimulating your blood flow system

WARM MELT

Find your mind and body inner peace in a warm place, gently lit by the flame of a candle. The soothing scent and light shadows of creamy wax will lead you to a sensory journey: oils awaken your senses and deeply nourish your skin, enhancing the massage experience.



HEAD & FACE MIND RELEASE

An indulgent ritual focused on deep mental relaxation and tension release. Warm therapy, sculpting facial movements, and sensory scalp techniques using specialized scalp therapy tools work in harmony to restore clarity, balance, and inner calm. A refined escape for the modern mind.

Enhance your experience with an Express Face Rejuvenate

ADD ON

You can add any of the choices below to your selected treatment. Ask our specialist about personal recommendations!

BODY SCRUB

HAIR SPA BY MOROCCAN OIL



SKIN HEALTH

FACE

By Luxury Skin Care Products

DR. BARBARA STURM

Dr. Barbara Sturm is a German aesthetics doctor, world-recognized for non-surgical anti-aging treatments and rejuvenation of the skin matrix. Dr. Sturm translated her orthopedic research and practice into revolutionary advances in aesthetic non-surgical medicine. The skincare line deploys the anti-aging ingredient Purslane, also called the “fountain of youth drug”.

STURMGLOW™ FACIAL

This extended “high-tech” treatment includes a results-driven combination of collagen-boosting Radiofrequency to deliver potent anti-aging effects, help sculpt facial muscles and plump and firm your skin for a supremely radiant natural glow with the signature STURMGLOW™.

SUPER ANTI-AGING FACIAL

The Super Anti-Aging Facial replenishes the skin’s moisture reservoirs and boosts the skin’s natural barrier function, resulting in a smoother and more youthful complexion. Exclusively designed with Dr. Sturm’s re-sculpting and anti-gravity massage, this cosmetic treatment reaches deeper layers of the skin, reducing the appearance of fine lines and wrinkles, resulting in a younger and more luminous appearance.



The history of Primia, a family company, began in 1965 through who nourishing a strong attraction for the word of aesthetics, turned their passion into their business. In 2007 the Primia Cosmetici brand was founded, a dynamic brand, whose strong point are rigor, scientificity, effectiveness and safety of the products, innovation based on constant technological research and respect for the skin, always considering the characteristics of the individual to offer personalized and lasting results.

OXYREVITAGE AGE TREATMENT

Anti-wrinkle treatment for dry, tired and dehydrated skin. The proper combination of active retinol and vitamin C releases oxygen. The epidermis is rebuilt, bright, vigorous and protected from photoaging. An ideal treatment for the summer months.

DERMOSTAMINE TREATMENT

A Face treatment for those worried about age signs. It fights surface and deep wrinkles, helps to regenerate and regenerate skin cells through plant liposomes.

HYDRATENSE TREATMENT

Deep hydration treatment with Hyaluronic acid, herbal extracts, ginger and chamomile. Hyaluronic acid activates the deeper layers of the epidermis for hydration and improves its elasticity.

AGE DEFENCE TREATMENT BY DAIMON BARBER

Discover the rejuvenating effects of Daimon Barber's AGE DEFENCE treatment, designed to cleanse, hydrate, and revitalize your skin. This innovative treatment helps restore vitality while improving skin health and texture. Build your personalized skincare routine with our nourishing formulas, crafted to support your unique needs and deliver long-lasting results.

ADD ON

You can add any of the below choices to your selected treatment. Ask our specialist about personal recommendations!

COLLAGEN EYE PATCHES

EXPRESS FACE REJUVENATE



BODY

Specially designed programs for a truly unique pampering experience in exclusive settings. They offer both ancient and modern techniques to relieve the body and feed the soul meticulously.

ANCIENT SPIRIT ELIXIR

A detox treatment which enhances metabolism. A light body scrub exfoliates and prepares the skin for a highly targeted lymphatic massage that follows and tones the blood circulation. Applying a mineral mask with dolomite argyle rich in elements and vitamins which will detoxify and tone the skin.

Please arrive 30 minutes before your appointment as the use of our sauna is recommended prior to the treatment.

BACK RITUAL

A cleansing ritual combination of enveloping movements and the use of self-heating mud to relax the deep muscles and relieve joint tension. The self-heating oligo-active mud detoxifies the body and creates a profound feeling of relaxation in areas of muscle tension.

DR. BARBARA STURM ANTI-AGING BODY TREATMENT

This anti-aging treatment combines essential exfoliation with intensive hydration and light massage movements to boost circulation and smooth skin texture. A gentle, all-over body exfoliation removes dry skin, boost circulation and leave the skin ready to absorb all the active ingredients. It also includes the application of the face mask or clarifying mask on the back area to help detox, draw out impurities and hydrate the skin and a light, all-over body massage.

A dry scalp massage concludes the treatment and leaves your body and mind feeling relaxed and refreshed.



IN ROOM SERVICE

Upgrade your wellness experience in the tranquil comfort of your villa. We recommend booking at least one day in advance to ensure the perfect moment of relaxation.

BLU MASSAGE

FACIAL TREATMENT



SALON TREATMENTS

- MANICURE
- LONG LASTING MANICURE
- SPA MANICURE
- PEDICURE
- LONG LASTING PEDICURE
- SPA PEDICURE
- COLOR CHANGE
- LONG LASTING COLOR CHANGE
- LONG LASTING REMOVER

WAXING TREATMENTS

- UPPER LIP
- LEGS & BIKINI
- FULL LEGS
- LOWER LEGS
- BACK
- UNDERARMS OR BIKINI OR LOWER ARM
- EYEBROWS SHAPING

PACKAGES

DAY SPA

ESCAPE 3 HRS

15' Body Scrub
60' Blu Massage
60' Facial Treatment
45' Pedicure

BODY RELAX 2 HRS

60' Anti Age Body by Dr. Barbara
60' Facial Treatment

MEN'S GETAWAY 2 HRS

60' Deep Tissue
60' Facial Treatment by Daimon Barber



WELLNESS RETREAT

Free Thalasso Pool Sauna/Steam bath (the first day)

WEEKEND SPA 2 DAYS

Day 1: 30' Body scrub, 60' Blu Massage

Day 2: 60' Facial Treatment, 30' Manicure

EXPRESS DETOX 3 DAYS

Day 1: 60' Anti Age Body by Dr. Barbara

Day 2: 30' Body Wrap, 60' Lymphatic massage

Day 3: 80' Ancient Spirit Elixir

RELAX 4 DAYS

Day 1: 80' Levanda Dream Ritual

Day 2: 60' Facial Treatment

Day 3: 60' Blu Massage

Day 4: 45' Head & Face Mind Release, Manicure, Pedicure

SPA ETIQUETTE

OPENING HOURS

Spa: Daily | 10:00 - 18:30

Gym: Daily | 07:00 - 20:00

May this journey of rejuvenation and balance awaken your inner radiance, as you step into a state of complete harmony with yourself and the world around you.

SCHEDULING AN APPOINTMENT

Our expert guides are here to curate a personalized experience, designed to nourish, soothe and uplift. To ensure an experience tailored to your every need, we invite you to book in advance, allowing us to craft the perfect moment of tranquility and rejuvenation just for you.

ARRIVAL TIME

To fully immerse yourself in the tranquility of your spa experience, we recommend arriving a little earlier to relax and transition into this peaceful space. Arriving 15–20 minutes prior to your appointment allows time for a gentle pre-treatment conversation with your therapist, ensuring your experience is perfectly attuned to your personal needs. For your comfort, a robe and slippers await you in your room, along with towels.

CANCELLATION POLICY

To honor the time and care dedicated to your experience, we kindly ask for at least 12 hours' notice for Treatment cancellations, and 24 hours for medical or specialized therapies. Cancellations made after this time will be fully charged. In case of late arrival, your treatment may be adjusted to respect the next guest's appointment.

SPA FACILITIES

Our spa invites you into a world of tranquility, with relaxation lounges, private changing rooms, and select wellness areas extending beyond the main spa. The sauna is located on the lower floor. If you wish to enjoy them, please bring your swimsuit.

FITNESS AREA

Our Gym is located next to the Aegean Poets. Fully equipped with strength, cardiovascular and cross-training gear. Children aged 12–16 may use the gym only when accompanied by a parent. Proper footwear is required to ensure your safety.

HEALTH & WELLNESS CONSIDERATIONS

For a truly personalized experience, please inform us of any medical conditions, allergies or injuries when booking. This allows us to tailor your treatment to your specific needs, ensuring a safe balance of body, mind and spirit. We're here to support your wellness journey with care and expertise, any questions are happily welcome via WhatsApp, call or at our Spa premises.

SPA ENVIRONMENT

As you immerse yourself in this peaceful sanctuary, we invite you to fully embrace the calm that surrounds you. To maintain a restful atmosphere for all guests, please keep mobile phones on silent mode and kindly refrain from photography and smoking within the Spa premises. Your cooperation is greatly appreciated,

ensuring that everyone can fully enjoy the serenity and rejuvenating energy of this special space. We sincerely thank you for your understanding.

VALUABLES

For your peace of mind, we kindly suggest keeping any valuables and jewelers secured in your in-room safe before visiting the spa. While we take great care in providing a welcoming and safe environment, the spa cannot assume responsibility for lost or misplaced personal items.

HOMECARE

Carry the essence of your wellness journey home with our exquisitely curated collection of spa and self-care treasures, available at the Spa. Thoughtfully designed in collaboration with our expert therapists, this collection brings together elevated wellness insights and holistic lifestyle guidance, graciously shared to help you nurture balance, vitality and radiant well-being long after your visit.

PAYMENTS

For your ease and comfort, spa treatments may be effortlessly charged to your room or kindly settled at the spa reception. We graciously accept payments by credit card or in cash. All rates are inclusive of VAT and may be subject to slight adjustments.

GIFT VOUCHERS / WELLNESS TREASURES

Surprise someone special with a gift that soothes the soul. Ask our Wellness Spa team for more details on our exclusive gift vouchers, the perfect way to share the art of relaxation.

LOST & FOUND

Should you come across any item that doesn't belong to you in our Spa or Gym facilities, we gently ask that you bring it to the Hotel's Main Reception. This will ensure that the rightful owner can reclaim it with ease and peace of mind. Thank you for helping us maintain a thoughtful and caring environment for all.

PRICING & GRATUITY INFORMATION

All prices are listed in Euros (€) and may be subject to change. Gratuities are not included in our service rates but are always appreciated as a heartfelt expression of gratitude toward our devoted wellness team. To ensure gratuities reach our dedicated wellness team directly, we kindly recommend offering them in cash.

PRICE LIST

SIGNATURE TREATMENTS	Duration	€
THE LOCAL LIST		
Ethereal Balance Ritual	1 hour 20 mins	190
Levanda Dream Ritual	1 hour 20 mins	180
MASSAGES		
Blu	1 hour	170
Blu	1 hour 30 mins	255
Healing Destress	1 hour	160
Deep Tissue	1 hour	220
Lymphatic	1 hour	170
Warm Melt	50 mins	150
Head &Face & Mind Release	45 mins	105
FOR TWO - PRICE FOR TWO		
Love Potion	1 hour	340
Passion Ritual	1 hour	360
ADD ON		
Body Scrub	20 mins	65
Hair Spa Treatment By Moroccan Oil	20 mins	60
SKIN HEALTH		
FACE		
Sturmglow™ Facial by Dr. Barbara	1 hour	250
Super Anti-Aging Facial by Dr. Barbara	1 hour 15 mins	300
Oxyrevitage by Primia	1 hour	140
Dermostamine by Primia	1 hour	150
Age Defence by Daimon Barber	50 mins	120
ADD ON		
Collagen Eye Patches	15 mins	65
Express Face Rejuvenate	45 mins	90
BODY		
Ancient Spirit Elixir	1 hour 20 mins	150
Back Ritual	1 hour	140
Anti Age Body by Dr. Barbara	1 hour	210

IN ROOM SERVICES	Duration	€
Blue Massage	1 hour	340
Facial Treatment	1 hour	300
BEAUTY SERVICES		
SALON TREATMENT		
Manicure		50
Long Lasting Manicure		60
Spa Manicure		70
Pedicure		70
Long Lasting Pedicure		80
Spa Pedicure		80
Color Change		20
Long Lasting Change		35
Long Lasting Remover		15
WAXING		
Upper Lip		40
Legs & Bikini		55
Full Legs		40
Lower Legs		30
Back		35
Underarms Or Bikini Or Lower Arm		20
Eyebrow Shaping		30
PACKAGES		
Day Spa		
Escape	3 hours	380
Body Relax	2 hours	305
Men's Getaway	2 hours	310
WELLNESS RETREAT		
Weekend Spa	2 days	475
Express Detox	3 days	530
Relax	4 days	750



MYKONOS **BLU**

A RESORT TO LIVE®