



# AQUA ELIXIR MARINE SPA

MARINE PALACE & AQUA PARK



## AQUA ELIXIR

### **INDOOR POOL, SAUNA & STEAM ROOM, JACUZZI**

A delightful water ride in the Aqua Elixir pool with water jets, walkways, waterfalls and hydro-massage seats.



## CLASSIC MASSAGES

### **MARINE**

Inspired by the grooming rituals of Classical beauties. A relaxing head to toe massage, using techniques inspired by the calming influence of the sea movement.

### **HEALING DESTRESS**

Surrender to the soothing power of touch and sensation, and let your body flow back into its natural rhythm. The warm pebbles of semi precious obsidian or jade, glide effortlessly over your skin, releasing tension and offering a profound sense of relief. A botanical elixir of essential oils caresses your body, gently absorbing into the skin. The rhythmic, harmonious movements begin with the tools, then flow into the hands, delivering a wave of pure tranquility and awakening your senses to a new level of relaxation.

### **DEEP TISSUE**

This amazing therapy rejuvenates the body by using deep pressure massage no wonder it's the favourite massage in the best spas worldwide! Deep muscle groups are massaged and the result is complete rejuvenation, toning and relaxation that relieve pain, reduce stress and fight inflammation.

### **SEA BREEZE AROMA**

A lavish body massage using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of utter mind & body peace.

### **ULTRA FACE & SCALP**

This relaxing massage performed with essential oils on the pressure points of the neck, scalp, ears, and face concentrates on soothing away tiredness, stress, and excess tension. A wonderful treatment for headaches, and stiff and tired muscles, as well as obtaining harmony, both body and mind.

## ADD ON

You can add any of the below choices to your selected treatment. Ask our specialist about personal recommendations!

CUPPING

BODY SCRUB

EXPRESS FACIAL GLOW



## SPECIAL THERAPIES

### **LYMPHATIC MASSAGE**

A detoxifying treatment is performed specifically on the legs. It activates the circulation and the lymph glands flushing out excess liquids, making the muscle tissue firmer. Ideal for combatting cellulite and stimulating your blood flow systems.

### **CANDLELIGHT MASSAGE**

Find your mind and body's inner peace in a warm place, gently lit by the flame of a candle. The soothing scent and light shadows of creamy wax will lead you on a sensory journey: oils awaken your senses and deeply nourish your skin, enhancing the massage experience.

### **MOM-TO-BE MASSAGE**

Indulge in a deeply nurturing touch, exquisitely attuned to the precious journey of your pregnancy. The Mom-To-Be massage delicately eases areas of tension while gracefully enhancing circulation, promoting a profound sense of wellbeing. Through specialised, gentle, and intuitively caring techniques, this luxurious treatment offers a safe and serene experience, embracing both your needs and those of your baby with utmost tenderness and sophistication.

### **RELIEF LIGHT LEGS**

Refreshing notes of spearmint mingle with the velvet texture of sugar crystals to slowly stimulate the blood flow and offer a cooling sensation, as the body scrub smooths away dry, flaky skin. Potent red grape blends with local herbs in a rich antioxidants gel mask that renews the skin. A pampering massage experience using the moisturising properties of coconut oil to deeply hydrate.

## THE RITUALS

### BACK RITUAL

A cleansing ritual combination of enveloping movements and the use of self-heating mud to relax the deep muscles and relieve joint tension. The self-heating oligo-active mud detoxifies the body and creates a profound feeling of relaxation in areas of muscle tension.

### SUN-KISSED SKIN RITUAL

A soothing after-sun spa ritual designed to refresh and restore the skin after sun exposure. A luxurious body wrap infused with hibiscus flower extract helps repair and deeply nourish the skin, while a gentle lymphatic massage calms sensitivity and relieves tension. Intensely hydrated, the skin feels soft, smooth, and radiant, while the body is left completely relaxed and renewed.

### RITUAL OF THE SPICES

Awake the senses with the rich texture of the peeling inspired by Ayurvedic traditions, in a blend of ginger powder, salts and sugars. Feel deeply nourished and lightly perfume your body the amber and sandalwood scents. Indulge in harmonising massage inspired by Ayurveda. Relaxing manoeuvres combined with invigorating movements will help you restore the harmony of body and spirit.

### HONEYMOON RITUAL

After you prepare your skin at the warm environment of the sauna, your experience starts with a luxurious body scrub, delicately exfoliating the skin and leaving it soft, radiant and renewed. The journey continues with a side-by-side couples massage using warm aromatic oils, while enhancing a sense of harmony and connection. Enjoy your private moments of relaxation accompanied by sparkling wine and fresh fruits. A beautiful ritual of love and shared bliss.



## FACE

By Thalgo

### À LA CART FACIAL

Treat your skin to the care it deserves with Thalgo's facial treatment rich in active marine ingredients, replenishing the skin with minerals and trace elements. A la cart facial designed especially for your skin's needs, whether it be hydration, purification or soothing.

HYDRA OPTION

PURIFY OPTION

SOOTHING OPTION

### MARINE SILICIUM LIFT

An advanced anti-aging treatment designed to instantly reveal a fresher, more radiant, and youthful complexion. Formulated with a powerful marine algae complex enriched with marine Silicium and Vitamin C, it effectively targets fine lines and wrinkles, enhances skin firmness, and revitalises the skin's natural glow. The massage experience is elevated with Thalgo's exclusive face fitness roller technique, resulting to visibly toned, smoother, and rejuvenated skin.



## KID'S SPA MENU

### **JOYFUL KID'S MASSAGE**

The Kids Massage is ideal for boys and girls aged 7 to 12 years. Natural hypoallergenic oil is applied with gentle strokes on the muscles and joints.

### **CHOCOLATE HUG**

A fun and indulgent chocolate experience designed especially for our younger guests. A gentle massage with warm chocolate mousse is followed by a quick shower and the application of a soft chocolate cream, leaving the skin smooth and lightly scented.

### **MY PARENT AND ME**

There is no better place than the Spa for the little one to spend a special day with mommy or daddy! Enjoy a full body relaxing massage side by side !

### **MINI MANI**

### **MINI PEDI**



## BEAUTY SERVICES

- MANICURE
- LONG LASTING MANICURE
- PEDICURE
- LONG LASTING PEDICURE
- SPA PEDICURE
- COLOR CHANGE
- LONG LASTING CHANGE
- LONG LASTING REMOVER
- FRENCH

## SPA ETIQUETTE

### OPENING HOURS

Spa: Daily | 10:00 - 18:30

Gym: Daily | 07:00 - 23:30

### SPA RESERVATIONS

Please contact The Spa Reception directly on extension 7209 or via the Reception Desk on extension 0. Bookings in advance are recommended to secure your preferred treatment time.

### ARRIVAL

We recommend arriving a little earlier to relax and transition into this peaceful space. Arriving 10 minutes prior to your appointment allows time for a gentle pre-treatment conversation with your therapist, ensuring your experience is perfectly attuned to your personal needs. For your comfort, you will be provided with disposable undergarments.

### TREATMENT

During treatments, please let your therapist know if you're comfortable, too warm or too cold, or if the pressure of the massage is the preferable. Your comfort and care are our greatest concern and priority. If you have any questions, your therapist will gladly answer them.

### CHILD REGULATION

For safety reasons, entrance to The Spa is not permitted to children under the age of 16 without parental supervision.

### FITNESS AREA

Our Gym is located next to the Spa. Fully equipped with strength, cardiovascular and cross-training gear. Children aged 12-16 may use the gym only when accompanied by a parent. Proper footwear is required to ensure your safety.

### PAYMENT

For inhouse guests, all treatments can be charged to the room. Prices are listed in Euros (€) and may be subject to change. All taxes are included. Gratuities are not included but are always appreciated. To ensure gratuities reach our wellness team directly, we kindly recommend offering them in cash.

### CANCELLATION POLICY

To honor the time and care dedicated to your experience, we kindly ask for at least 12 hours' notice. Cancellations made after this time will be fully charged. In case of late arrival, your treatment may be adjusted to respect the next guest's appointment.

### KINDLY NOTE

In consideration of other guests, smoking and active mobile phones are not permitted. This is the time for your body and mind to release the worries and stress of the day.

### VALUABLES

For your peace of mind, we kindly suggest keeping any valuables and jewellery secured in your in-room safe before visiting the spa. While we take great care in providing a welcoming and safe environment, the spa cannot assume responsibility for lost or misplaced personal items.

#### **PAYMENTS**

For the essence of your wellness journey home with our exquisitely curated collection of spa and self-care treasures, available at the Spa. Thoughtfully designed in collaboration with our expert therapists, this collection brings together elevated wellness insights and holistic lifestyle guidance, graciously shared to help you nurture balance, vitality and radiant well-being long after your visit.

#### **GIFT VOUCHERS / WELLNESS TREASURES**

Surprise someone special with a gift that soothes the soul. Ask our Wellness Spa team for more details on our exclusive gift vouchers, the perfect way to share the art of relaxation.

#### **LOST & FOUND**

Should you come across any item that doesn't belong to you in our Spa or Gym facilities, we gently ask that you bring it to the Hotel's Main Reception. This will ensure that the rightful owner can reclaim it with ease and peace of mind. Thank you for helping us maintain a thoughtful and caring environment for all.

#### **PRICING & GRATUITY**

All prices are listed in Euros (€) and may be subject to change. Gratuities are not included in our service rates but are always appreciated as a heartfelt expression of gratitude toward our devoted wellness team. To ensure gratuities reach our dedicated wellness team directly, we kindly recommend offering them in cash.

## PRICE LIST

	Duration	Price
<b>AQUA ELIXIR</b>		
Indoor Pool/Sauna /Steam Room/Jacuzzi	24 /adult - 12/children	
<b>MASSAGES</b>		
Marine Massage	1 hour	110
Healing Distress Massage	1 hour	115
Deep Tissue Massage	25 mins	65
Deep Tissue Massage	50 mins	125
Sea Breeze Aroma Massage	30 mins	55
Sea Breeze Aroma Massage	50 mins	90
Ultra Face & Scalp Massage	20 mins	40
<b>ADD ON</b>		
Cupping	20 mins	50
Body Scrub	15 mins	40
Express Facial Glow	20 mins	45
<b>SPECIAL THERAPIES</b>		
Lymphatic Massage	30 mins	55
Lymphatic Massage	50 mins	95
Candlelight Massage	50 mins	95
Mom-to-be Massage	30 mins	75
Relief Light Legs	40 mins	65
<b>THE RITUALS</b>		
Back Ritual	1 hour	80
Sun-kissed Skin Ritual	30 mins	75
Honeymoon Ritual	1 hour 20 mins	290

	Duration	Price
<b>FACE BY THALGO</b>		
À la Cart Facial	50 mins	110
Hydra Option		
Purify Option		
Soothing Option		
Marine Silicium Lift	1 hour	135
<b>KID'S SPA MENU</b>		
Joyful Kid's Massage	30 mins	55
Joyful Kid's Massage	50 mins	95
Chocolate Hug	50 mins	100
My parent and Me	50 mins	180
Mini Mani		20
Mini Pedi		25
<b>SALON TREATMENTS</b>		
Manicure		25
Long Lasting Manicure		30
Pedicure		40
Long Lasting Pedicure		45
Spa Pedicure		65
Color Change		15
Long Lasting Change		25
Long Lasting Remover		10
French		+12

**GRECOTEL**  
**MARINE PALACE & AQUA PARK**