



# HIPPIE WELLNESS

WHITE



HIPPIE WELLNESS

Our greatest  
journey we make  
with our soul

N. KAZANTZAKIS



## SIGNATURE TREATMENTS

### **THE OLIVE AND HERBS MASSAGE**

A sacred Cretan ritual where warm olive oil flows like liquid gold over the body, awakening the senses and nourishing the skin with its timeless richness. Slow, rhythmic movements melt away tension, guiding you into a serene state of deep relaxation and inner harmony. Each touch is a whisper of calm, restoring balance and vitality from within. An indulgent escape that leaves your skin luminous, your body renewed, and your spirit immersed in pure tranquility.

### **THE WHITE RIVIERA RITUAL by Thalgo**

Inspired by sun-warmed pebbles and the whisper of the Mediterranean breeze, this signature ritual unfolds as a journey of renewal for body and mind. A mineral-rich marine algae scrub gently refines the skin, preparing it to receive a purifying, deeply hydrating body mask that restores its natural radiance. As you surrender to the moment, a flowing massage with warm semi-precious jade pebbles and aromatic essential oils melts away tension, echoing the rhythm of the sea. Each movement reconnects you to a state of balance, serenity, and effortless harmony.

### **THE ANCIENT GREEK BATH**

Allow us to guide you into the ancient Greek art of bathing.

A timeless ritual inspired by traditional Greek baths and the serene beauty of Crete—where the essence of the hammam is reimagined through authentic Greek wellness traditions. Warm stone cradles the body like the Mediterranean sun, while soft, enveloping steam gently opens the pores and calms the breath. Pure Cretan olive oil soap, combined with a natural loofah sponge, delicately purifies the skin, which is then enveloped in velvety clouds of foam created through the traditional inflated pillowcase ritual.

The journey concludes with a deeply soothing massage using olive oil infused with aromatic local herbs, restoring hydration, releasing tension, and leaving the body light, nourished, and profoundly relaxed. A sensorial ritual of purification and renewal—where water, earth, and ancient Greek tradition unite in perfect harmony.



## CLASSIC MASSAGE

### **THE WHITE**

Inspired by the grooming rituals of Classical beauties. This treatment consists of a full body massage, using techniques inspired by the calming influence of the sea's movement.

### **THE DEEP TISSUE MASSAGE**

This amazing therapy rejuvenates the body by using deep pressure massage no wonder it's the favourite massage in the best spas worldwide! Deep muscle groups are massaged using fingers, fists, forearms or elbows. The result is complete rejuvenation, toning and relaxation that relieve pain, reduce stress and fight inflammation.

### **THE AROMA MASSAGE**

A full back body massage using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well-being.

### **ULTRA FACE & SCALP MASSAGE**

This relaxing massage performed with essential oils on the pressure points of the neck, scalp, ears, and face concentrates on soothing away tiredness, stress, and excess tension. A wonderful treatment for headaches, and stiff and tired muscles, as well as obtaining harmony, both body and mind.



## SPECIAL TREATMENTS

### **BESPOKE MASSAGE EXPERIENCE**

Indulge in a massage experience designed exclusively for you. Guided by your individual needs and desires, our expert therapists curate a fully personalised ritual that harmonises body and mind. Through refined techniques, tailored pressure, and exquisite aromatic oils, this bespoke treatment delivers profound relaxation, tension release, and a renewed sense of inner balance.

### **THE LYMPHATIC THERAPY**

A detoxifying treatment performed specifically on legs. It activates the lymph glands to flush out liquids, thus making the muscle tissue firmer. Ideal for combatting cellulite and stimulating your body systems.

### **THE MOM-TO-BE MASSAGE**

Indulge in a caring touch which is in complete harmony with the very special period of your pregnancy. Mom To Be massage relieves the stressed zones and at the same time strengthens the blood circulation. The specialised, soft, and caring handling of this technique offer a safe treatment that embraces your needs as well as your baby's.

### **HAPPY SKIN AFTER SUN**

This after sun body treatment soothes and refreshes the skin after sun exposure . A special Cream Balm Mask, rich in minerals and  $\Omega 3$  nourishes, softens and repairs dry and damaged skin. A light lymphatic massage soothes the sunburn leaving a soft skin and a perfectly relaxed body

### **CANDLELIGHT**

Find your mind and body's inner peace in a warm place, gently lit by the flame of a candle. The soothing scent and light shadows of creamy wax will lead you on a sensory journey: oils awaken your senses and deeply nourish your skin, enhancing the massage experience

### **RITUAL OF THE SPICES**

Awake the senses with the rich texture of the peeling inspired by Ayurvedic traditions, in a blend of ginger powder, salts and sugars. Feel deeply nourished and lightly perfume your body the amber and sandalwood scents . Indulge in harmonising massage inspired by Ayurveda and the science of Marmas. Relaxing manoeuvres combined with invigorating movements will help you restore the harmony of body and spirit.



### **SPA SUITE for two -A private Wellness Experience**

Discover the ultimate relaxation experience in our Spa Suite, a private sanctuary designed exclusively for you and the person you choose to share this special moment with.

The Spa Suite for two offers a luxurious and fully private setting, ideal for couples, friends, or any special occasion. The space features a private steam room with ambient lighting that creates an atmosphere of calm and total rejuvenation. Enhance your experience by choosing any treatment you wish and transform your visit into a fully personalized wellness journey.

### **ADD ON**

EXPRESS FACIAL GLOW

BODY SCRUB

DETOX BODY WRAP

HYDRATING BODY MASK



## FACE

By Thalgo

### HEART OF THE OCEAN

Enjoy the ultimate marine experience with Thalgo's deep hydration facial treatment, rich in active marine ingredients that replenish the skin with minerals and trace elements. With the Eveil à la Mer welcome ritual, we prepare the skin for cleansing and exfoliation. The relaxing «Heart of the Ocean» massage takes you on a journey through the peaceful waves of the sea and helps you get rid of stress and fatigue. Then, a beneficial mask with marine extracts is applied that replenishes and rejuvenates the skin. Finally, products tailored to the needs of each individual skin are applied. Your skin becomes velvety and radiant!

### A FORTIFYING TREATMENT

Ideal treatment for oily skin with cleansing action and removal of dead cells. Enriched with Sève Blue Des Oceans extract, an energising complex that strengthens the skin and reduces the tired look.

### SLICIUM LIFT

An essential treatment for a visibly fresher complexion. This anti-aging treatment with algae complex rich in marine silicium and vitamin C to fill in wrinkles, firm the skin and refresh the complexion. A special anti wrinkle massage to activate cellular functions is performed in combination with Thalgo's exclusive technique with face fitness rollers. Strengthens facial muscles and simultaneously treats free radicals. The skin is visibly toned and rejuvenated.

## ADD ON

COLLAGEN EYEPADS

NECK MASK



## KIDS BEAUTY & WELLNESS MENU

Offer your kids and teens health benefits with these specially curated therapies just for them! A parent or guardian must be present in the room during service. Age limit from 5 to 16 years.

### **KID'S MASSAGE**

A unique treatment especially designed for children aged 5 to 16 years old. Natural hypoallergenic oil is applied with gentle strokes on the muscles and joints.

### **MY PARENT AND ME MASSAGE**

A special time to spend with a parent!  
Indulge in 40 min massage side by side !

### **MINI MANI**

### **MINI PEDI**



## BEAUTY SERVICES

- MANICURE
- LONG LASTING MANICURE
- PEDICURE
- LONG LASTING PEDICURE
- SPA PEDICURE
- COLOR CHANGE
- LONG LASTING COLOR CHANGE
- LONG LASTING REMOVER
- FRENCH
- PARAFFIN HAND TREAT

## WAXING TREATMENTS

- UPPER LIP
- LEGS & BIKINI LINE
- BIKINI LINE
- FULL LEGS
- LOWER LEGS
- BACK
- UNDERARMS/LOWER ARM
- EYEBROW SHAPING



## SPA ETIQUETTE

### OPENING HOURS

Spa: Mon 10:00 to Sat 18:00

### ARRIVAL

We recommend arriving a little earlier to relax and transition into this peaceful space. Arriving 10 minutes prior to your appointment allows time for a gentle pre-treatment conversation with your therapist, ensuring your experience is perfectly attuned to your personal needs. For your comfort, you will be provided with disposable undergarments

### TREATMENT

During treatments, please let your therapist know if you're comfortable, too warm or too cold, or if the pressure of the massage is the preferable. Your comfort and care are our greatest concern and priority. If you have any questions, your therapist will gladly answer them.

### CHILD REGULATION

For safety reasons, entrance to the Hippie Wellness is not permitted to children under the age of 16 without parental supervision.

### PAYMENT

For inhouse guests, all treatments can be charged to the room. Prices are listed in Euros (€) and maybe subject to change. All taxes are included. Gratuities are not included but are always appreciated. To ensure gratuities reach our wellness team directly, we kindly recommend offering them in cash.

### CANCELLATION POLICY

To honor the time and care dedicated to your experience, we kindly ask for at least 12 hours' notice. Cancellations made after this time will be fully charged. In case of late arrival, your treatment may be adjusted to respect the next guest's appointment.

### KINDLY NOTE

In consideration of other guests, smoking and active mobile phones are not permitted. This is the time for your body and mind to release the worries and stress of the day.

### VALUABLES

For your peace of mind, we kindly suggest keeping any valuables and jewellery secured in your in-room safe before visiting the spa. While we take great care in providing a welcoming and safe environment, the spa cannot assume responsibility for lost or misplaced personal items.

## PRICE LIST

	Duration	Price
<b>SIGNATURE TREATMENTS</b>		
The Olive And Herbs Massage	40 mins	135
The White Riviera Ritual By Thalgo	1 hour 30 mins	195
The Ancient Greek Bath	1 hour 30 mins	225
<b>CLASSIC MASSAGE</b>		
The White	50 mins	145
The Deep Tissue Massage	25 mins	85
The Deep Tissue Massage	50 mins	155
The Aroma Massage	25 mins	80
Ultra Face & Scalp Massage	20 mins	65
<b>SPECIAL TREATMENTS</b>		
Bespoke Massage Experience	1 hour 10 mins	175
The Lymphatic Therapy	30 mins	80
The Lymphatic Therapy	50 mins	120
The Mom-To-Be Massage	30 mins	95
Happy Skin After Sun	1 hour	140
Candlelight	50 mins	130
Ritual Of The Spices	1 hour 20 mins	165
Spa Suite For Two -A Private Wellness Experience	2 hours	480
<b>ADD ON</b>		
Express Facial Glow	20 mins	65
Body Scrub	25 mins	65
Detox Body Wrap	25 mins	70
Hydrating Body Mask	25 mins	65
<b>KIDS BEAUTY &amp; WELLNESS MENU</b>		
Kid's Massage	20 mins	55
Kid's Massage	40 mins	95
My Parent And Me Massage	40 mins	195
Mini Mani		25
Mini Pedi		30
FACE by Thalgo	DURATION	€
Heart Of The Ocean	50 mins	135
A Fortifying Treatment	50 mins	135
SiliCium Lift	1 hour	165
<b>ADD ON</b>		
Collagen Eye Pads	20 mins	35
Neck Mask	20 mins	45

	Duration	Price
<b>BEAUTY SERVICES</b>		
Manicure		40
Long Lasting Manicure		55
Pedicure		60
Long Lasting Pedicure		70
Spa Pedicure		90
Color Change		15
Long Lasting Change		25
Long Lasting Remover		10
French		+12
Paraffin Hand Treat		25
<b>WAXING TREATMENTS</b>		
Upper Lip		15
Legs & Bikini Line		80
Bikini Line		30
Full Legs		55
Lower Legs		35
Back		55
Underarms/Lower Arm		25
Eyebrow Shaping		20

A low-angle photograph of two palm trees against a clear blue sky with scattered white clouds. The palm tree on the right is taller and more prominent, reaching towards the top of the frame. The palm tree on the left is shorter and positioned in the lower-left quadrant. The fronds of both trees are a mix of vibrant green and brownish-tan, suggesting a tropical or semi-arid environment. The overall mood is serene and tropical.

# WHITE

GRECOTEL LUXME EDITION