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The Hippie Wellness Spa of the Grecotel Group, inspired by the Minoan civilization, the oldest in Europe, offers an exquisite blend of relaxation, class and top service. Drawing inspiration from the ancient Greek alchemists, our methods embody the philosophy of longevity and personal exploration towards inner wellness: harmony of mind and spirit.

Hippie Wellness Spa provides highly curated menus and treatment protocols designed to offer unique pampering experiences, the result of three decades of empirical research and tangible exploration to achieve the ultimate balance of body and spirit.

The local tradition and the natural richness of the land invite you to immerse yourself in an oasis of tranquility and luxury that unites the timeless elements of earth, sun and water.

This trinity had profound significance for the ancient Greeks: not only was it vital to the practical aspects of life, but it was deeply rooted in their spiritual beliefs.

"Our greatest journey we make with our soul" **N. Kazantzakis**

S E R V I C E S

SIGNATURE TREATMENTS

THE OLIVE AND HERBS MASSAGE

This olive oil massage is a calming, rejuvenating treatment that blends therapeutic touch with the nourishing benefits of olive oil. Warm oil is gently applied and massaged in slow, rhythmic motions to ease tension, boost circulation, and deeply relax the body. Rich in vitamins and antioxidants, olive oil softens the skin while its anti-inflammatory properties soothe sore muscles and revitalize.

40'/115€

THE HVLA

High-Velocity Low-Amplitude (HVLA) therapy is a manual technique used to restore joint mobility and relieve pain. It involves a quick, controlled thrust to a joint, often producing a "crack" sound. Commonly used on the spine, HVLA helps release tension, improve circulation, and realign the body. Performed by certified kinesiotherapist Manos Zisis.

50'/190€

THE WHITE RIVIERA RITUAL BY THALGO

Inspired by the warmth of sun-kissed pebbles and the sea breeze, this signature treatment evokes the essence of the Mediterranean. Scented with white flower oils, it combines hand massage and a self-heated jade stone to relax the body and sync breath with heartbeat.

It begins with a deeply aromatic exfoliation that softens skin and restores vital minerals.

Optional: Add the Detox Body Wrap for enhanced results.

80'/165€

SERVICES

SIGNATURE TREATMENTS

THE ANCIENT GREEK BATH

Relax on warm marble in a steam room as your skin is hydrated and prepped for an olive oil soap scrub with natural sponges. Dead skin is rinsed away with warm water, followed by a full-body massage using rich foam made from olive oil, milk, and honey gel. After a warm shower, enjoy a soothing massage with a blend of olive oil, cream, and essential oils – your escape into deep relaxation.

70'/195€

MASSAGE & THERAPY

THE WHITE MASSAGE

Inspired by the grooming rituals of Classical beauties. This treatment consists of a full body massage, using techniques inspired by the calming influence of the sea's movement.

50'/130€

THE DEEP TISSUE MASSAGE

Deep muscle groups are massaged using fingers, fists, forearms or elbows. The result is complete rejuvenation, toning and relaxation that relieve pain, reduce stress and fight inflammation.

30' / 90€ or 50' / 155€

S E R V I C E S

MASSAGE & THERAPY

THE AROMA MASSAGE

A complete body treatment using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well-being.

30′/80€

THE LYMPHATIC THERAPY

A detoxifying treatment performed specifically on legs. It activates the lymph glands to flush out liquids, thus making the muscle tissue firmer. Ideal for combatting cellulite and stimulating your body systems.

30' / 80€ or 50'/ 120€

THE MOM-TO-BE MASSAGE

Indulge in a caring touch which is in complete harmony with the very special period of your pregnancy. Mom To Be massage relieves the stressed zones and at the same time strengthens the blood circulation. The specialized, soft, and caring handling of this technique offers a safe treatment that embraces your needs as well as your baby's.

40'/95€

THE SPORT MASSAGE

This massage is tailored for athletes and active individuals to boost performance and support recovery. It combines stretching and focused pressure to ease muscle tension, improve circulation, and increase flexibility.

40'/115€

SERVICES

RITUALS FOR TWO

PASSION RITUAL

The passion ritual for 2 combines the rejuvenating effect of fragrances with the wealth of aromatherapy and the caress of warm herbal extracts. Relax in the scent-laden atmosphere and bask in the pleasure of a warmed creamy wax film that nourishes the skin while a soothing massage helps the body eliminate tension.

50'/280€

RITUAL OF THE SPICES BY THALGO

Awaken your senses with an Ayurvedic-inspired scrub of ginger, salts, and sugars, leaving skin nourished and lightly scented with amber and sandalwood. Followed by a harmonizing massage using Marmas techniques to restore balance to body and mind.

80'/330€

HONEYMOON RITUAL

Share a relaxing escape with your partner in our Spa Suite, featuring a steam bath and heated marble to ease muscles and boost circulation. Enjoy drinks, fruits, and sweets before a soothing full-body massage with Agreco Farm olive oil and essential oils. Experience true Cretan hospitality and leave stress behind.

120'/380€

BODY & SOUL RITUALS

HAPPY SKIN AFTER SUN RITUAL

This after sun body treatment soothes and refreshes the skin after sun exposure. A special Cream Balm Mask, rich in minerals and Omega 3 nourishes, softens and repairs dry and damaged skin. A light, moisturizing, massage soothes the sunburn leaving a soft skin and a perfectly relaxed body.

50′/ 125€

BACK RITUAL

A cleansing and relaxing ritual combination of deep tissue movements and the use of a self-heating mud mask to relax the deep muscles and relieve joint tensions. The oligo active mud detoxifies and creates a profound feeling of relaxation in areas of muscle tension.

55′/ 120€

RITUAL OF THE VINEYARDS

Enjoy an exfoliating blend of grape seeds with anti-aging and detoxifying effects and a deeply nourishing and relaxing massage to rejuvenate and strengthen the skin. While your body is wrapped in this invigorating cocoon, experience a comprehensive facial treatment with proven effectiveness for unparalleled radiance that leaves your skin smoother and firmer. The oxygenating and antioxidant properties of this treatment enhance the energy and defense of your skin.

80′/185€

FACE TREATMENTS

BY THALGO HEART OF THE OCEAN FACE TREATMENT

Experience deep hydration with Thalgo's marine facial, rich in minerals and trace elements. After the Eveil à la Mer ritual, the skin is cleansed, exfoliated, and treated to the soothing "Heart of the Ocean" massage. A marine mask follows to replenish and revive, finishing with personalized skincare for a radiant, velvety glow.

45′/130€

A FORTIFYING TREATMENT FOR MEN

Strengthening and moisturizing treatment for men's skin. Ideal treatment for oily skin with cleansing action and removal of dead cells. Enriched with Sève Blue Des Oceans extract, an energizing complex that strengthens the skin and reduces the tired look.

45′/ 130€

SILICIUM LIFT

Anti-aging treatment inspired by "Face Fitness" that combines a specialized massaging technique with metal rollers together with an enhanced double face "lifting" mask. Special formula of ingredients with marine organic Silicium and Vitamin C. Strengthens facial muscles and simultaneously treats free radicals. Strengthens, lifts and softens wrinkles, with visible renewal.

50'/ 155€

Gjød pie

KIDS BEAUTY AND WELLNESS

KID'S MASSAGE

A unique treatment especially designed for children aged 5 to 12 years old. Natural hypoallergenic oil is applied with gentle stokes on the muscles and joints.

20' / 55€ or 40´ / 95€

MY PARENT AND ME MASSAGE

A special time to spend with a parent! Indulge in a 40-minute massage side by side !

40'/180€

Mini Manicure

Mini Pedicure

25€

20€

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SALON TREATMENTS

Manicure 35€ Long lasting manicure 45€ Pedicure 50€ Long lasting pedicure 55€ Spa pedicure 75€ Color change 15€ Color remover 10€ Long lasting change 25€ Long lasting remover 10€ French +12€

BEAUTY SERVICES

Bridal Make up 230€ Extra Lashes Application 30€ Bridal Trial Make up 70€ Evening Make up 70€

WAXING TREATMENTS

Upper lip 15€ Legs & Bikini line €80 Full legs 55€ Lower legs 35€ Back 45€ Under arms or Bikini line or Lower arm 25€ Eyebrow shaping 20€

ADD ONS

Express facial glow $25' / 60 \in$ Neck & Decolette Mask $20' / 35 \in$ Collagen eye pads $20' / 35 \in$ Body scrub $20' / 60 \in$ Detox body wrap $30' / 50 \in$ Head and face massage $20' / 55 \in$ Paraffin hand treatment $15' / 25 \in$

