



ELIXIR BEAUTY SPA

GRECOTEL LARISSA IMPERIAL

BODY & SOUL ELIXIRS

Specially designed extended programs for a truly extraordinary experience and pampering in exclusive settings. They offer both ancient and modern techniques to relieve body and soul.

ANCIENT SPIRIT ELIXIR 80'/85€

Detox Treatment which enhances metabolism. The gently body scrub exfoliates and prepares the skin. Followed by wrap with mineral dolomite argil mask rich in elements and vitamins that detoxify and tone the skin and a revitalizing massage which regulates the metabolism, moisturizes and protects the skin.

MASSAGES & THERAPIES

ELIXIR AROMA MASSAGE 60'/70€

Exfoliate with a refreshing scrub infused with local citrus fruits for a revitalizing Vitamin C experience. The lavish body massage that follows concentrates on soothing away tiredness and stress and alleviating tension, inducing a nascent uplifting sensation to the body and mind.

IMPERIAL MASSAGE 60'/65€

Inspired by the grooming rituals of Classical beauties. This treatment consists of a full body massage using techniques inspired by the calming influence of the sea's movement.

DEEP TISSUE MASSAGE 30'/45€ & 60'/75€

Relieves stress that causes muscle tension. This amazing therapy rejuvenates the body by using deep pressure massage. Deep muscle group massage using fingers, fists, forearms & elbows. The result is complete rejuvenation, toning and relaxation that relieves pain, reduces stress and fights inflammation by improving posture and sleep quality.

AROMA MASSAGE 30'/35€ & 50'/55€

A lavish body massage using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing

properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well-being.

CANDLE MASSAGE 50'/65€

Relax your soul and body in a warm place, gently lit by the flame of the candle. The soothing scent of creamy wax will lead you to a sensory journey. Its oils awaken your senses and deeply nourish your skin, enhancing the massage experience. Soft movements, and light pressures, will enhance the elasticity and hydration of your skin.

HEAD & FACE MASSAGE 20'/30€

This relaxing massage performed on the pressure points of the neck, scalp, ears and face concentrates on soothing away tiredness, stress and tension. A wonderful treatment for headaches, and stiff and tired muscles as well as obtaining harmony in your mind.

SPECIAL THERAPIES

BACK RITUAL 60'/75€

A concentrate back relaxing ritual. The self-heating oligo-active mud detoxifies the back and creates a profound feeling of relaxation in areas of muscle tension. Its enveloping warmth and crackling foam give the skin a real feeling of well-being.

BODY SLIMMING AND FIRMING 80'/85€

Complete body treatment to redraw the silhouette, reduce the appearance of cellulite, tone and give a feeling of lightness. This body mask effect acts effectively on fatty areas. The skin becomes firmer, smoother and softer from the very application.

FACE TREATMENT

EXPRESS FACE TREATMENT 40'/45€

Enjoy a quick but very effective facial treatment for shiny, firm and elastic skin.

HYDRATENSE TREATMENT 60'/70€

Enhanced deep hydration treatment with Hyaluronic acid, herbal extracts, ginger and

chamomile. Hyaluronic acid activates the deeper layers of the epidermis for better bonding of collagen and elastin fibers. The skin is hydrated, improves its elasticity and gains a natural and healthy look.

BIOTICA TREATMENT 60'/75€

The microbiome is the identity of our skin and the microflora is the protective barrier. The active ingredients of the Biotica line are strictly of vegetable origin ideal for all skin types, even the most stressed and sensitive ones and especially for all ages. The ingredients of Vitamin E and Grape Stem cells from Italian Unripe Grape effectively counteracts free radicals by increasing the long-term antioxidant capacity of the skin, while Aloe Vera gel with calendula extracts make it perfectly for dry and sun-damaged skin because they offer active nourishment.

OXYREVITAGE AGE TREATMENT 60'/80€

Anti-wrinkle treatment for dry, tired and dehydrated skin. The proper combination of active retinol and vitamin C releases oxygen. The epidermis is rebuilt, bright, vigorous and protected from photo aging. An ideal treatment for the summer months.

DERMOSTAMINE TREATMENT 60'/85€

A Face treatment for those worried about age signs. It fights surface and deep wrinkles and helps to regenerate and regenerate skin cells through plant liposomes.

SPECIAL PACKAGES

BODY RELAX 99€

60´ Candle Massage

40´ Face Treatment

ESCAPE 130€

30´ Body Scrub

60´ Imperial Massage

60´ Facial Treatment

SPECIAL PROGRAMS

SUPER - SLIM PROGRAMME

4 DAYS / 270€

4 Pack: 80´ Body Slimming & Firming

6 DAYS / 385€

6 Pack: 80´ Body Slimming and Firming

12 DAYS / 715€

12 Pack: 80´ Body Slimming and Firming

PREPARATION • Please arrive 15 minutes before your treatment. Before your treatment, you will be asked to complete a lifestyle questionnaire. • Please remove all jewellery and clothing, leaving on your undergarments. • For some treatments you will be provided with disposable undergarments by your therapist. • The management will not be held responsible for the loss of any personal items.

TREATMENT • During treatments, please let your therapist know if you're comfortable or uncomfortable, too warm or too cold, or if the pressure is too light or too firm. Your comfort and care is our greatest concern and priority. • If you have a particular injury or physical condition, please inform the therapist who can suggest appropriate adjustments to the treatment for your comfort and to enhance the treatment's effectiveness. • If you have any questions, your therapist will gladly answer them.

CANCELLATION We request a minimum of 4 hours' cancellation notice for a single treatment or 24 hours' advance notice for rituals. If you fail to cancel or reschedule your appointment, you will be charged for the scheduled service. Being late for your appointment may shorten the length of your treatment.

CHILD REGULATION For security reasons, the entrance to Elixir Spa is forbidden to children under the age of 14. Children over the age of 16 can attend specific treatments which are exclusively performed with the consent and escort of a guardian.

KINDLY NOTE • Mobile phones are not permitted in Elixir Spa. This is the time for your body and mind to release the worries and stress of the day. • Smoking is not permitted in Elixir Spa.

OPENING HOURS MONDAY-SATURDAY 13:00 - 21:00 HRS

You may contact the Elixir Spa directly on extension 7900.

LARISSA IMPERIAL

GRECOTEL HOTELS & RESORTS

larissaimperial.com grecotel.com