



# ELIXIR OLIVE SPA

GRECOTEL FILOXENIA



## OUR PHILOSOPHY

Elixir Olive Spa is a sanctuary devoted to balance, restoration, and personal well-being.

Rooted in Greek wisdom and the timeless art of healing, each experience unfolds as a journey one that nurtures the body, soothes the mind, and restores inner harmony.

For over 30 years, our passion has been to understand what the body truly needs to return to its natural rhythm. Through expert touch, curated rituals, and genuine care, relaxation becomes a deeply personal experience.

Here, time slows down, and every moment is dedicated to you.



## SIGNATURE MESSAGES

### OLIVE MESSAGE

Inspired by the timeless beauty rituals of Classical Greece, this full-body massage draws from the soothing rhythm of the sea. Flowing, wave-like movements release tension, restore balance, and leave the body deeply relaxed and renewed.

**Available Massage Options:** Offered with Monoi Tiki oil or an aromatic blend of almond and essential oils

**Duration: 30/ 60/ 90 minutes**

### DEEP TISSUE

A deep-pressure massage designed to release muscle tension, relieve stress, stimulate circulation, and revitalize the body. Targeted techniques using fingers, fists, forearms, and elbows work deeply into the muscles to reduce pain, ease inflammation, improve posture, and promote overall well-being and profound relaxation.

**Enhance Your Massage:** Add the self-heating mask, available with the 90-minute session, designed to deeply relax the joints of the spine.

**Duration: 30/ 60/ 90 minutes**

### LYMPHATIC DRAINAGE

Experience the gentle art of lymphatic wellness with our specialized drainage massage. Using light, rhythmic movements that follow the natural flow of lymph, this soothing treatment stimulates circulation, reduces swelling, removes excess fluids, and rejuvenates the body, while boosting the immune system and restoring overall balance and vitality.

**Enhance Your Massage:** Elevate your 90-minute session by beginning with a refreshing scrub, preparing the body for a complete detoxification and revitalization.

**Duration: 30 /60 /90 minutes**



### **THE CANDLELIGHT**

Let the gentle warmth of a specially crafted massage candle guide you into deep relaxation. Soothing oils melt into your skin as skilled hands release tension and calm the mind, taking you on a sensorial journey of light, warmth, and serenity, leaving you renewed and at peace.

**Duration: 30 / 60 minutes**

### **MOTHER'S NEST**

Indulge in a nurturing touch designed for the special journey of pregnancy. This soothing massage eases tension, relieves stress, and supports circulation, offering comfort and well-being to both mother and baby as the body adapts during this precious time. A moment of serenity for you and your little miracle.

**Enhance Your Massage:** Elevate your ritual with a soothing body scrub, exclusively offered during the 75-minute session.

**Duration: 50 / 75 minutes**



## HEAD & FEET RITUAL

### **FOOT MASSAGE**

A soothing experience that revitalizes tired legs and feet. This targeted massage focuses on releasing muscle tension in the calves and feet, improving circulation and providing a deep sense of relaxation.

**Duration: 25 minutes**

### **RELIEF LIGHT LEGS**

A refreshing treatment for tired legs, combining exfoliation with a cryo-gel massage to relieve fatigue and restore a feeling of lightness.

**Duration: 40 minutes**

### **HEAD & SCALP**

A deeply relaxing, oil-based massage focusing on the head, neck, shoulders, and face. Gentle, flowing movements ease tension, soothe tired muscles, and calm the mind. Ideal for relieving headaches, releasing stress, and restoring a profound sense of harmony and balance.

**Duration: 30 minutes**



## BODY TREATMENTS

### **MARINE DETOX TREATMENT**

Detoxifying Ritual with gentle exfoliation to smooth and refresh the skin, while a mineral-rich wrap leaves the body light, sculpted, and fully revitalized. Designed to restore balance, boost circulation, and renew your senses.

**Available Massage Options:** Drainage Massage | Slimming Massage

**Duration: 80 minutes**

### **HIBISCUS HYDRATION MASK**

This special hibiscus body mask rebuilds and deeply hydrates the skin, leaving it soft while providing a sense of calm and relaxation, perfect after sun exposure.

**Duration: 30 minutes**



## FACIAL TREATMENTS



### **OXYREVITAGE AGE TREATMENT**

Revitalize and renew your skin with this anti-aging treatment, ideal for mature, dry, tired, and dehydrated skin. Perfect for summer, it helps protect against photoaging while leaving the skin radiant and full of energy.

**Duration: 60 minutes**

### **DERMOSTAMINE TREATMENT**

A specialized facial treatment for younger skin concerned with the first signs of aging. Enriched with plant-derived liposomes, it helps prevent fine lines, promotes cellular renewal, and leaves the skin smooth and revitalized.

**Duration: 60 minutes**



## TAILOR-MADE RITUALS

Because every journey is unique.

At Elixir Olive Spa, wellness is deeply personal. Our Tailor-Made Rituals invite you to design your own experience, guided by our expert therapists. We combine treatments and techniques for relaxation, revitalization, or a shared family wellness moment.

Choose your duration and let us create the perfect blend of massages, facials, or wellness therapies, tailored to your needs, rhythm, and wellbeing. Perfect for couples or families seeking a fully customized spa experience.



## NAIL & BEAUTY LOUNGE

- MANICURE
- PEDICURE
- SPA MANICURE
- SPA PEDICURE
- COLOR CHANGE
- SEMI-PERMANENT MANICURE
- SEMI-PERMANENT PEDICURE
- SEMI-PERMANENT REMOVAL

## SILK HAIR REMOVAL

- UPPER LIP
- EYEBROW SHAPING
- UNDERARMS
- LOWER ARMS
- BIKINI
- FULL LEGS
- LOWER LEGS
- BACK



## LITTLE LUXURIES, BIG SMILES!

Step into a magical world of pampering! Kids aged 5-16 can enjoy relaxing spa mani-pedis, leaving them refreshed, happy, and sparkling. All treatments are supervised by a parent or guardian.

### **JOYFUL KID'S MASSAGE**

A delightful, soothing experience designed especially for children. Gentle, nurturing strokes with natural hypoallergenic oil help relax muscles and calm the mind, creating a moment of pure comfort and joy.

**Duration: 30 / 60 minutes**

### **LITTLE SPA HANDS**

A gentle spa manicure for little hands: nails shaped and buffed, hands softly scrubbed, massaged with fragrant cream, and finished with polish in their favorite color. Soft, smooth, and beautifully pampered!

**Duration: 30 minutes**

### **LITTLE SPA FEET**

Treat little toes to a fun and playful spa pedicure! Nails are shaped and buffed, feet gently scrubbed, massaged with scented cream, and finished with polish in their favorite color. Soft, smooth, and joyful little feet for our young friends!

**Duration: 30 minutes**

# PRICE LIST

	Duration	Price
<b>SIGNATURE MESSAGES</b>		
Olive Massage	30'/60'/90'	75€/105€/145€
Deep Tissue	30'/60'/90'	85€/135€/180€
Lymphatic Drainage	30'/60'/90'	65€/110€/150€
The Candlelight	30'/60'	65€/115€
Mother's Nest	50'/75'	90€/120€
<b>HEAD &amp; FEET RITUAL</b>		
Foot Massage	25'	50€
Relief Light Legs	40'	90€
Head & Scalp	30'	60€
<b>BODY TREATMENTS</b>		
Marine Detox Treatment	80'	120€
Hibiscus Hydration Mask	30'	80€
<b>FACIAL TREATMENTS</b>		
<b>PRIMIA</b>		
Oxyrevitage Age Treatment	60'	145€
Dermostamine Treatment	60'	155€
<b>NAIL &amp; BEAUTY LOUNGE</b>		
Manicure		40€
Pedicure		50€
Spa Manicure		60€
Spa Pedicure		70€
Color Change		15€
Semi-permanent Manicure		50€
Semi-permanent Pedicure		65€
Semi-permanent Remover		10€

	<b>Duration</b>	<b>Price</b>
<b>SILK HAIR REMOVAL</b>		
Upper Lip		20€
Eyebrow Shaping		15€
Underarms		20€
Lower Arms		20€
Bikini		55€
Full Legs		30€
Lower Legs		25€
Back		35€
<b>LITTLE LUXURIES, BIG SMILES!</b>		
Joyful Kid's Massage	30'/60'	55€/85€
Little Spa Hands	30'	35€
Little Spa Feet	40'	40€

## SPA DO'S & DON'TS

### **OPENING HOURS**

Spa: Daily | 10:30 – 18:30

Gym: Daily | 10:30 – 18:30

### **SCHEDULING AN APPOINTMENT**

Our expert guides at Elixir Olive Spa are here to create a personalized experience designed to nourish, soothe, and uplift. We recommend booking extension 7960 in advance to ensure your treatment is perfectly tailored to your needs.

### **ARRIVAL & PREPARATION**

To fully enjoy your spa experience, we suggest arriving 15 minutes early to relax and consult with your therapist. Guests wishing to use the sauna beforehand, enhancing product absorption and treatment results, may arrive 30–40 minutes early. Robes, slippers, and towels are provided for your convenience. You may choose to change rooms in your room and arrive ready or use the changing facilities in the treatment cabin if you prefer.

### **YOUR TREATMENT EXPERIENCE**

Your comfort is our priority. Please inform your therapist if the pressure, temperature, or any aspect of your treatment needs adjustment. Sharing any injuries or conditions helps ensure a safe and tailored experience.

### **CANCELLATION POLICY**

To honor the time and care dedicated to your experience, we kindly ask for at least 12 hours' notice for all treatment cancellations. Late cancellations or arrivals may result in adjusted treatments or full charges to respect the next guest's appointment.

### **SPA FACILITIES**

Immerse yourself in the serenity of our indoor pool, designed for ultimate relaxation. Please bring swimwear to enjoy a refreshing dip. The spa and pool are exclusively for adults, offering a tranquil escape where you can unwind and rejuvenate in complete privacy.

### **FITNESS AREA**

Our gym is located one floor below the main Reception. Children aged 12–16 may use the gym only when accompanied by a parent, and proper footwear is required to ensure safety.

### **LITTLE LUXURIES WELL-BEING**

Guests aged 5-16 can enjoy specially tailored treatments with guardian consent. Our spa changing areas and relaxation zones are designed for quiet enjoyment, creating memorable family welfare.

### **HEALTH & WELLNESS**

Please inform us of any medical conditions, allergies, or injuries when booking. Our team is here to ensure a safe and personalized experience. Questions are welcome via WhatsApp, phone, or at the spa.

### **SPA ENVIRONMENT & VALUABLES**

To ensure all guests enjoy a calm and relaxing experience, please keep mobile phones silent and refrain from photography and smoking in the spa. For valuables, we recommend keeping them in your room, as the spa cannot accept responsibility for lost items. Thank you for helping us maintain a peaceful atmosphere for everyone.

### **HOMECARE & GIFTS**

Extend the wellness experience at home with our curated spa products from the Boutique. Gift vouchers are also available, ideal for sharing the art of relaxation with family and friends.

### **PAYMENTS**

Treatments can be charged to your room or settled at the spa reception via credit card. All rates include VAT.

### **LOST & FOUND**

If you find any item in our Spa or Gym, please bring it to the Hotel's Main Reception so it can be returned to its owner. Thank you for helping us maintain a caring environment.

### **PRICING & GRATUITY**

Prices are in Euros (€) and may change. Gratuities are appreciated and recommended in cash for the wellness team.

