

THE POETRY OF AGRECO



The "Pantopoleion" in Greek means "sells everything" and these shops are still found in many villages; often combined with the local kafeneio [coffee shop].

At the **Agreco Farm** in Crete and the **SunStore** shops at selected Grecotel hotels guests have the opportunity to take home farm-produced delicacies including olive oil, wine, raki, olives, herbs, farmhouse jams, preserves and honey.

A selection of similar products from smallholders in other regions of Crete & Greece supplement the range of aromatherapy oils, teas & infusions, natural beauty products, ouzo, balsams and saffron.

ISLAND THYME HONEY

Greek honey, celebrated as the finest in the world, owes its flavour to the wild herbs that dot the landscape.

In ancient Greece, honey was considered divine – for the Greeks believed this was the gods' precious nectar. Honey was used in sacrifices and to honour heroes. It was eaten, plain or with walnuts – a combination still considered aphrodisiac and thus served to newlyweds. But honey was also used for flavouring wine and in cosmetics, as well as a cure for various ailments, from skin rashes to sore throats and insomnia.

Cretan honey is pure, a nutritional cocktail bursting with energy, vitamins, minerals, amino acids, and natural enzymes. Honeybees are a favourite motif in Minoan jewellery, which depict the small bronze-coloured insect native to Crete. In Cretan mythology, Zeus was raised on honey from the small Cretan bee.

OLIVES & OLIVE OIL

Since the Bronze Age, olive oil has been Crete's liquid gold, a source of nourishment and wealth. Olive oil was the Minoans' chief export.

Olive oil holds a special place in Cretan culture, from food and folk medicine to customs and religion. Olives are picked by hand, either by shaking the tree branches so the ripe olives fall to the ground or by carefully plucking the olives to be cured.

As soon as the olives are picked, they're rushed to the press which, at peak season, operates day and night until all the oil has been extracted. This must be done quickly to keep acidity low but also gently to avoid overheating, which is why organic farms like Agreco continue to use traditional donkey-powered presses.

HERBAL INFUSIONS

Herbal infusions have played a significant role in Crete's history. The gods dined on sage, heroes were crowned with laurel, and mint was worn at special festivals.

Crete is a botanist's paradise: although 35 times smaller than Great Britain, it has the same number of plant species – 2,000 – including a large share of endemic plants.

Many of these plants are aromatic herbs, which have played a central role in Cretan folklore, folk medicine, culture, and cuisine. Sarandadendri (meaning 40 trees) is a unique Cretan infusion with healing & calming properties.

CRETAN RUSKS (Paximadia)

Bread rusks are one of the simplest yet most delicious dishes in Cretan cuisine and are a staple of the Cretan diet. They are often served as 'koukouvayia' (meaning owl as the circular rusks resemble the bird's eyes) topped with fresh tomato, olive oil, herbs and Feta cheese.

Agreco Farm, Adele Village, Rethymno, GR-74 100, Crete, Greece Tel/fax: +30 28310 72129, e-mail: info@agreco.gr www.agreco.gr

Agreco Farm products are available at the Farm and SunStore outlets:

Grecotels Creta Palace, Club Marine Palace, Amirandes, Meli Palace, Rhodos Royal,
Olympia Riviera Resort, Lakopetra Beach, Kos Imperial Thalasso, Royal Park, Corfu Imperial,
Eva Palace, Daphnila Bay, Cape Sounio, Leoniki and
Agreco Bio shop, 33-35 Sofoklis Venizelos on Rethymnon Beach Promenade.



THE POETRY OF AGRECO



Products

Agreco Natural Soap (125 gr.)

Natural

Lavender

Aloe Vera

Rose

Cinnamon

Camomile

Jasmine

Honey

Hand-made Agreco soap 120 gr.

Agreco Bioherb Pastilles (eucalyptus - honey) 60 gr.

Agreco Thyme Honey

Glass jar 500 gr.

Metal can 500 gr.

Metal can 250 gr.

Glass jar 250 gr.

Amphora 130 gr.

Amphora 250 gr.

Agreco Extra Virgin Olive Oil

Can 250 ml. 500 ml.
Can 750 ml.
Can 750 ml.
Can 3 litres
Organic Olive Oil (Dark green bottle) 0.500 ml.

Agreco Olives

Green Olives in Brine 250 gr.
Black Olives in Brine 250 gr.











Agreco Olive Paste
Green olive paste (jar) 200 gr.
Black olive paste (jar) 200 gr.

Agreco Wild Artichokes

Pickled wild artichokes (jar) 340 gr.

Agreco Vinegars

Wine vinegar 500 ml Honey vinegar 250 ml

Agreco Raki - Tsikoudia

 Raki
 200 ml

 Raki
 500 ml

 Mulberry Raki
 250 ml

Agreco Farmhouse Preserves

Orange composte 450 gr.

Quince composte 370 gr.

Fig preserve 360 gr.

Agreco Farmhouse Biscuits

Welcome Biscuits with Almonds Welcome Biscuits with Carob flour

Wholegrain Bites

Agreco Natural Extracts 57 gr.

Agreco Wines

Classico Kotsifali 700 ml Classico Sirah Kotsifali 700 ml

Agreco Farmhouse Gifts

Linen Kitchen Set - olive design (2 items) Linen Bag - barley design

Linen Bread Bag - olive design Linen Bread Bag - barley design

Linen Bread Basket - olive design Linen Bread Basket - barley design

Linen full-length apron - barley design

Linen Kitchen Towel 45X70 - grape design

Organic Agreco Herbs - Infusions - Seasoning

Organic Tea Cocktail 20 gr. Organic Dittany 15 gr. Organic Malotira (Mountain Tea) 15 gr. Organic Oregano 25 gr. Organic Sage 25 gr. Organic Thyme 30 gr. Organic Camomile 20 gr. Organic Marjoram 30 gr. Organic Mint 20 gr. Organic Lavender 30 gr. Organic Louiza 10 gr. Organic Sea Salt with Herbs 100 gr. Organic Mix for Salads 40 gr. Organic Mix for Meat 40 gr.

40 gr.

40 gr.

Organic Mix for Fish

Organic Mix for Poultry

















Agreco Farm, Adele Village, Rethymno, GR-741 00 Crete, Greece Tel/Fax: +30 28310 72129, 20750 info@agreco.gr

www.agreco.gr