



CAPE SOUNIO

# ELIXIR SPA '007'

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## I. BODY & SOUL ELIXIRS

Specially designed extended programmes for a truly uncommon experience and pampering in exclusive settings. They offer both ancient and modern techniques to relieve body and soul.

**ELIXIR OF LIFE** 1 HOUR & 20' / 135€

*Restoring body energy, balancing body aura, revitalising, detoxifying, combats cellulite and obesity, speeds up metabolic rate, improves skin firmness.*

An alchemist's secret from Antiquity, which blends the four elements of life: water, air, earth & fire. The best-known goal of the alchemists was the transmutation of common metals into gold. This exclusive skin therapy harnesses nature's most luxurious element-GOLD and the delicate scents of wildflowers from the plains and desert with incredible revitalizing effects that rejuvenate skin and boost vitality. Let skin pores open up in the sauna and prepare body and mind for the ultimate pampering that follows. A gentle body exfoliation using the healing power of gold, minerals, artemisia and passion flower to leave the body glowing. Smoothness, suppleness and body energy are restored with the application of a rich body mask. Finish with a light massage with replenishing golden powder and body cream for deep moisturizing, while sipping the Potion of Life!

**ANCIENT SPIRIT ELIXIR** 1 HOUR & 20' / 125€

*Slimming, body toning and revitalisation, anti-stress, combats insomnia, dehydration, suitable for sunburn.*

This divine full-body Elixir was inspired by ancient beauty secrets. Relax body and mind in the sauna to open the pores. Sea salt, used as a natural scrub, is applied to exfoliate and cleanse your skin. After an invigorating jet shower, rich full body sea mud envelopment restores your pH balance and deeply reconditions your skin. Caviar extract is the secret ingredient in the ultra-moisturizing body mask that tones and firms skin, leaving it smooth and radiant.

**ELIXIR OF LOVE** 1 HOUR & 20' / 135€

Incites the senses, detoxifies, decongests and stimulates body systems, anti-stress, revitalizes, moisturizes, tones and firms the skin. Discover the magic of the Orient with a ceremony of pure sensuality, combining authenticity and uniqueness. Relax body and mind in the sauna to open the pores. A gentle breeze comes with the fragrant jasmine or rose body scrub. Pampering continues with a rich sea mud envelopment that deeply reconditions your skin. Rhassoul, natural mineral argil from Morocco, known for its polishing, purifying and toning effects is the secret ingredient in the ultra-moisturizing body mask that follows. An invigorating massage with a choice of sensual scents and aromas tingles and tantalizes, soothes and seduces, bringing Scheherazade out of you...

## II. FOR TWO ♥

Surprise your partner with a signature treatment for two. Whether you choose one that tingles and tantalizes, soothes and seduces, or refreshes and renews you can be sure it will incite your senses and bring a richer, more rewarding intimacy into your life.

**LOVE POTION** 60' / 160€

An absolutely sensual ritual to tantalize and delight! Succumb to the touch of romance at Elixir Spa and get into the mood for love. Share an unforgettable experience with your partner: on twin massage beds, enjoy an orange and sugar body scrub, followed by natural sponge wash with rosewater. For a perfect finale indulge in a sensual relaxing partner massage with aphrodisiac essential oils that will free your mind, relax your body, and transport you both straight to bliss.

**HOT CHOCOLATE** 60' / 220€

Chocolate is created to bring you joy. From soothing to stimulating, refreshing to rejuvenating chocolate has the necessary vitamins, proteins and elements to beautify your body as it provokes the senses. On twin massage beds after light body exfoliation, a sublime hot chocolate body mask is applied with gentle strokes. The sequence includes special in situ rinsing, before finishing with a final application of a luscious kissable, silky smooth choco-perfumed lotion formulated for ultimate body moisturizing

**PASSION RITUAL** 1 HOUR & 20' / 250€

As hopeless romantics, you can indulge your senses and celebrate your relationship by being pampered together within a luxurious couple's Elixir Spa suite. The sequence begins with hydrotherapy for her in the cool-blue room, where water jet massage is performed in a special bath tub to regenerate and tone the skin, while he enjoys the benefits of affusion: a massage together with the rejuvenating effects of water - warm and cold - which is coming out from 6 different directions on to the massage bed. The cooling effect of water prepares you both for the unique healing, comforting opulence with pure unadulterated pleasure that follows. Lay next to your loved one and be cast away to the land of love as our therapists generously pour an aromatic mix of warmed pure essential oils over the entire body and perform choreographed aromatherapy massage.

## III. MESSAGES & THERAPIES

**ELIXIR AROMA MASSAGE** 50' / 90€

Light body-brushing performed with pure essential oil used as a natural exfoliating scrub. The total body massage that follows concentrates on soothing away tiredness, stress and alleviating tension, inducing relaxation to the body and mind.

**POSEIDON MASSAGE** 60' / 95€

This treatment, inspired by the grooming rituals of the Classical-era beauties, consists of a total body aromatherapy, a drainage massage, head and face massage, reflexology on feet/hands/ears, and Shiatsu.

**AROMA MASSAGE** 30' / 60€ 50' / 85€

A complete body treatment using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well being.

**RELAX MASSAGE** 30' / 55€ 50' / 75€

Total body massage performed with special combination of calming oils for relaxing and de-stressing. This wonderful soothing treatment has amazing relaxation and serenity properties and improves the nervous system.

**LYMPHATIC MASSAGE** 30' / 50€ 50' / 65€

This face and body treatment activates the lymph glands to flush out liquids, thus making the muscle tissue firmer. Ideal for combating cellulite and stimulating your body systems

**HEAD & FACE MASSAGE** 20' / 50€

This relaxing massage performed with warm essential oils on the pressure points of the neck, scalp, ears and face concentrates on soothing away tiredness, stress and tension. A wonderful treatment for headaches, stiff and tired muscles as well as obtaining harmony to body and mind

## IV. SPECIAL THERAPIES

(free use of sauna/hammam)

**HOT CHOCOLATE** 60' / 125€

A unique nourishing, stress-reducing body and facial treatment performed with chocolate to invigorate and revitalize you from head to toe. The substance of chocolate as an antidote for premature or accelerating ageing leaves your skin smooth and replenished.

**SPECIAL CAVIAR THERAPY**

1 HOUR & 20' / 135€

Caviar extract is the secret ingredient in this ultra-nourishing, deep moisturizing body treatment that tones and firms skin, leaving it smooth and radiant. Nutrient-rich caviar has a cell format similar to the human skin so vitamins and minerals are easily absorbed, boosting cell regeneration.

**PAYOT BODY HARMONY**

1 HOUR & 20' / 160€

This wonderful harmonizing treatment gently sloughs off dead cells from the skin's surface allowing nutrients to penetrate deep into its layers, leaving skin soft, firm, supple, and silky to the touch. Start with body exfoliation with a wonderful combination of Fine Marine Mineral Crystals and a Semi-precious Balm to make the skin smooth and velvety while relaxing body and mind. A special body wrap follows with a smooth-textured combination of Pink Mineral Clay rich in trace elements, semi-precious Rodochrosite Balm and Precious Oils. Applied over the entire body to release accumulated tension and provide a feeling of well-being and absolute serenity.

**DE CLEOR GRAIN DE SEL BODY THERAPY**  
50' / 90€

Simply beautiful. Pure pampering, devoted to exfoliating the body with sea salts, essential oils and calendula petals. A unique blend of plant oils and sea salts for optimum rematerializing, revitalizing and

energizing performance to restore beauty and suppleness. Enjoy a velvet and silky skin!

#### DE CLEOR TONIC BODY THERAPY

1 HOUR & 20' / 130€

Recent pregnancy or weight loss? Too much sun? Too many sunbed sessions? Stretch marks? Skin lacking firmness? De Cleor Tonic Body Therapy aims to significantly improve the appearance of your skin and leave it regenerated, firmer and incredibly soft. A sensory delight treatment with Lemongrass, to invigorate and bring vitality to your body.

### V. FACE TREATMENT

#### DEEP CLEANSING FACIAL 90' / 115€

For a powerful skin recharge, this facial with a three-step treatment will bring back the glow to tired, dull and lifeless complexions. Suitable for all skin types, featuring a special scrub to remove dead surface cells and a mask to draw out impurities. Let the active ingredients of the mask work, whilst you enjoy a relaxing hand treatment by our therapist. Finally, a relaxing facial massage with essential oils revitalizes and nourishes, while a special moisturizing cream hydrates tissues, leaving skin soft and radiant. The sequence includes eye brow shape.

#### DEEP MOISTURISING CAVIAR THERAPY

90' / 135€

For skin in need of a super saturating moisture boost with immediate wonderful results improving the skin's texture, this thirst-quenching luxurious facial treatment is perfect. Spirulina, seaweed and caviar products are applied, feeding the skin with moisture loving actives that will bring back that healthy, dewy look to the face.

#### LIFT CAVIAR THERAPY 90' / 145€

This superior treatment provides immediate results in the fight against time, this exceptional treatment helps slow down the signs of premature ageing, reducing the appearance of fine lines and wrinkles on the face. A special capsule, rich in black caviar, is combined with a unique anti-ageing mask.

#### CAVIAR EYE THERAPY 30' / 60€

An advanced anti-ageing therapy to minimize fine lines and wrinkles around the eye contour, as well as the puffiness and the black circles. Eye mask combined with special capsules, rich in black caviar, helps to slow the signs of premature ageing, leaving the skin with a more youthful appearance.

#### PAYOT DEEP COLLAGEN 60' / 120€

Ideal for all skin types, this treatment offers deep moisturizing that will leave your skin radiant. Start with a gentle peeling to remove surface debris and leave skin velvet soft. Next, a special 42-movement 'modeling' massage tones face, neck, and cleavage. The treatment ends with application of a special Payot collagen mask that hydrates skin, plumping up tissues and erasing fine lines for a fresh, luminous complexion.

#### DECLÉOR AROMA EXPERT SOOTHE

60' / 110€

Using natural essential oils of Roman camomile, angelica and geranium this wonderful calming treatment brings immediate comfort to stressed skin the epidermis is soothed and re-balanced leaving the complexion smooth and cool.

#### DECLÉOR AROMA EXPERT NOURISH

60' / 115€

This deeply nourishing treatment with essential oils of rose, neroli and petit-grain immediately replenishes lost moisture and reinforces the skin's barrier function, enabling it to combat harsh external aggressions.

### VI. SPECIAL PACKAGES

#### ALL DAY BRIDAL 5 HOURS 330€

• 20' Body Scrub • 20' Body Wrap • 60' Poseidon Massage • 90' Caviar Facial • 15' Eye Brow Shape • 90' Manicure & Pedicure

#### BRIDAL 3 HOURS 220€

• 10' Body Scrub • 50' Aroma Massage • 50' Facial Treatment • 50' Pedicure

#### ALL DAY TOTAL RELAX 4 HOURS 300€

• 20' Body Scrub • 20' Body Wrap • 30' Body Relax Massage • 20' Head Relax Massage • 60' Facial Treatment • 15' Eye Brow Shape • 70' Manicure & Pedicure

#### MEN'S GETAWAY 3 HOURS 230€

• 40' Pedicure • 20' Body Scrub • 50' Aroma Massage • 20' Head Relax Massage • 40' Facial Treatment

Opening Hours: daily 09:00 - 18:30

YOU MAY CONTACT THE ELIXIR SPA '007'  
DIRECTLY ON EXT. 7950 OR  
ON RECEPTION (32).

WE HOPE YOU ENJOY YOUR INTERLUDE OF  
PAMPERING AND RELAXATION

Please arrive 15 minutes before your treatment. Before your treatment, you will be asked to complete a lifestyle questionnaire • We request a minimum of 4 hours' cancellation notice for a single treatment or 24 hours' advance notice for rituals. If you fail to cancel or reschedule your appointment, you will be charged for the scheduled service. Being late for your appointment may shorten the length of your treatment • You will be provided with a bathrobe, towels, and slippers • Please remove all jewelry and clothing, leaving on your undergarments. For so locker. The management will not be held responsible for the loss of any personal items • During treatments, please let your therapist know if you're comfortable or uncomfortable, too warm or too cold, or if the pressure is too light or too firm. Your comfort and care is our greatest concern and priority • If you have a particular injury or physical condition, please inform the therapist who can suggest appropriate adjustments to the treatment for your comfort and to enhance the treatment's effectiveness • If you have any questions, your therapist will gladly answer them • Mobile phones are not permitted in Elixir Spa '007'. This is the time for your body and mind to release the worries and stress of the day • Smoking is not permitted in Elixir Spa '007'.